

# ECLIPSE



APRIL 2021 | ISSUE 4

MWK 300

**MY BOTH SIDES**

with

Robert Chiwamba

**WORDS FROM A  
SON OF AFRICA**

**LET'S REMEMBER**

The late Tanzanian  
President John Pombe  
Magufuli

**VUYISWA  
TUNONO**

**UPSLEEK  
CLOTHING**



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# ROBERT CHIWAMBA

## THE BEST

### 1. BEST MESSAGE FROM A BOOK

Come to me, all you who are weary and heavy laden and I will give you rest. Matthew 11:28

### 2. BEST CITY

Zomba

### 3. BEST WAY TO END A DAY

To call friends, laugh and sleep.

### 4. BEST CAREER ACHIEVEMENT

Being appointed as an ambassador for European Union and UNESCO's Skills and Technical Education Program.

### 5. BEST MEAL

Rice with beef

## THE WORSE

### 1. WORSE TYPE OF MUSIC

Rhumba

### 2. WORSE MEAL

Nsimba and Ngumbi

### 3. WORSE CITY

Blantyre

### 4. WORSE PART OF CAREER

Being called to perform in an empty venue.

### 5. WORSE WAY OF ENDING THE DAY

Finishing it having not accomplished planned tasks.

# VUYISWA TUNONO

*My name is vuyiswa tunono, i am a Roman Catholic atholic. Firstborn in a family of 3 and the only girl. I reside in Machinjiri, Blantyre. Studying social economic history at UNIMA THE CHANCELLOR COLLEGE.*

**I** started modelling when i was a kid, I think 9 years old. I remember my aunt telling me that My body and how i walk i might turn to be a model one day. She then started teaching me how to pose, since that time I developed the passion for modelling. I wanted to show Malawi that Modelling is not about being beautiful or putting on clothes But its about showcasing who you are.



Modelling gives girl a platform to speak. Am not really a model as such but am a beauty pageant. The difference is that a beauty pageant gives a platform to girls to speak out on different issues going on in Malawi and around the world. The issue that caught my attention is the issue of violence. There is a lot of violence happening, i feel like if we love each other then this unity would fight against violence. So i believe through solidarity and love we can conquer all the problems, all Malawians are facing

I started participating in beauty pageants in 2014. I took part in 2 event where I won both of them. Later, I participated in miss CHANCO, i won. And participated in miss UNIMA and i won

too. Then i participated in another Miss Africa Malawi held in Lilongwe and i won, from then I went for the finals in Nigeria last year in December.

Well, people have different opinions on what i do, in Malawi one faces a lot of criticism from people in this field. "You are christain you cant do this", i managed to conquer that because deep down i knew i had a passion for this. I let people think what they think and not let it affect who I am. This is who i am and this is what I love.



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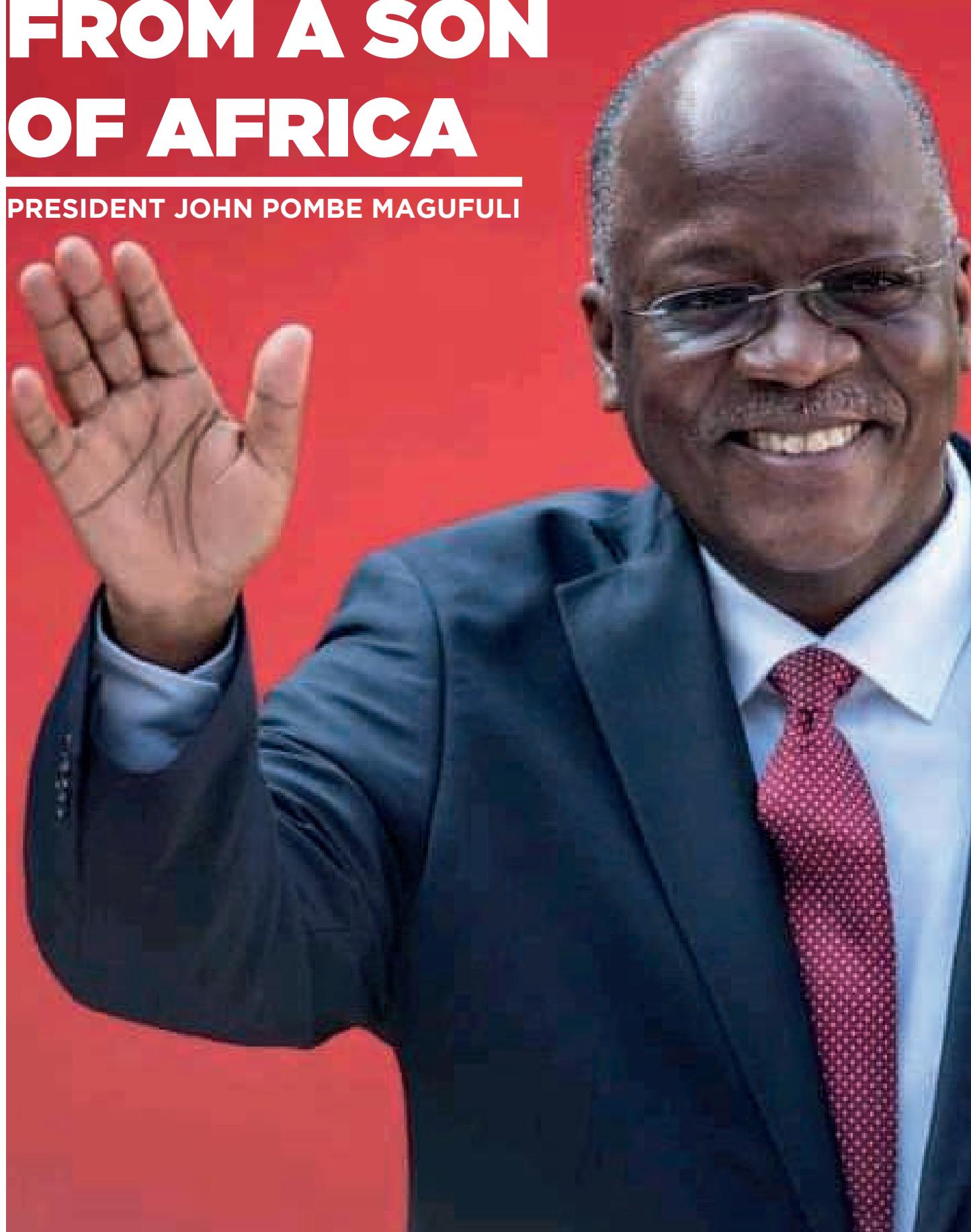
# FACTS FROM AFRICA

## Longest rivers.

1. Nile River - Length: 6,650 km
2. Zaire (Congo-Chambeshi) - Length: 4,700 km
3. Niger River - Length: 4,200 km
4. Zambezi - Length: 2,693 km
5. Ubangi-Uele - Length: 2,270 km
6. Kasai River - Length: 2,153 km
7. Orange River - Length: 2,092 km
8. Limpopo River - Length: 1,800 km
9. Senegal River - Length: 1,641 km
10. Okavango River - Length: 1,600 km
11. Volta River - Length: 1,600 km
12. Jubba-Shebelle River - Length: 1,580 km
13. Benue River - Length: 1,400 km
14. Lomami River - Length: 1,280 km

# WORDS FROM A SON OF AFRICA

PRESIDENT JOHN POMBE MAGUFULI



# LET'S REMEMBER

*The late Tanzanian President John Pombe Magufuli*

President John Magufuli made Tanzania a Middle Income country

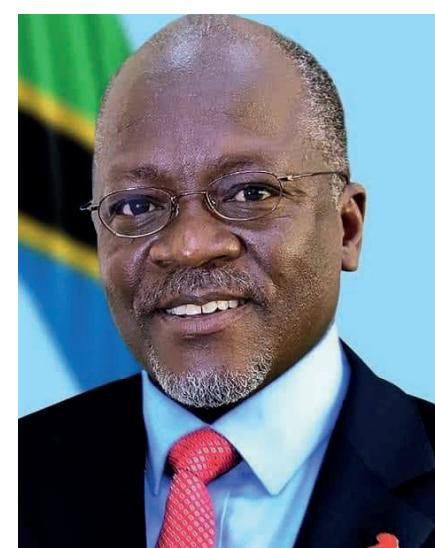
- He rejected a \$10 billion loan from China
- He didn't go on state trips outside Africa
- He reduced the cabinet's size from 30 to 19
- He banned Government officials from foreign trips & abolished their tax exemptions
- Magufuli accused UK company, Acacia Mining of illegal mining and ordered them to pay \$193 billion for undervaluing Tanzania's gold exports.

Over 250 containers of theirs were seized at Dar es Salaam port.

They paid \$300 million and gave Tanzania 16% ownership in 3 mines.

- Magufuli introduced free education in government schools in 2016. He acquired 6 Air Tanzania planes, expanded Terminal III of Julius Nyerere International Airport.

He built Tanzania Standard Gauge Railway, Mfugale Flyover, Julius Nyerere Hydropower





# **GOLDEN CITY TOWER**

## **ARE YOU AN ARTIST?**

And you are looking for a good platform so that you can promote your music?

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\*Our prices are very affordable

\*Our services are of high quality and professional standards

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\*Article Writing

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All the best as you are making a good choice of choosing to work with us  
Thank You

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# LUZIO

**L**uzio is a creator of words and melodies through music. Luzon is a Malawian and half Italian but I'm primarily Malawian. He is inspired by life and its challenges, and he made up of both joy and tragedy.

"I am honing my sound. I easily get bored and I wouldn't want to put out something similar with what I already have in the past.

I might have a single but I don't have a time frame for that so whenever that happens, you'll be the first to know."

"What I want the public to know is, I create with intention, nothing is out of the blue. I treat everything I do as an experience, I live through everything I do. I hope I get to create longer, so I can share my experience with life through my art."



# ARTIST OF THE MONTH

WAKISA  
JAMES



**“FIRE”  
HIT  
MAKER**

CATCH

THE PREMIER

OF

**“ONE MAN  
ARMY”**

(OFFICIAL MUSIC VIDEO)

LIVE ON

MIBAWA TV,

ATV

&

MBC TV

ON

20TH OF APRIL



EM  
ANKHE  
HERE  
MCH



UPSLEEK



**K21,000**



**K25,000**



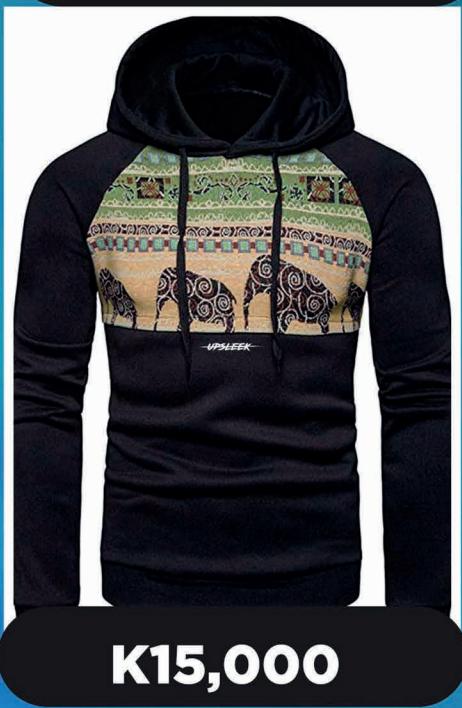
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**K18,000**



**K22,000**



**K15,000**

**Male  
Category.**

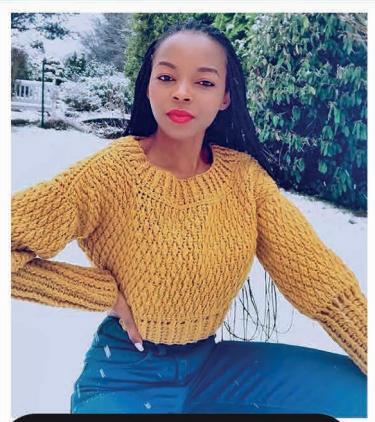
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# U

## UPSLEEK



**K18,000**



**K18,000**



**K15,000**



**K15,000**



**K12,000**



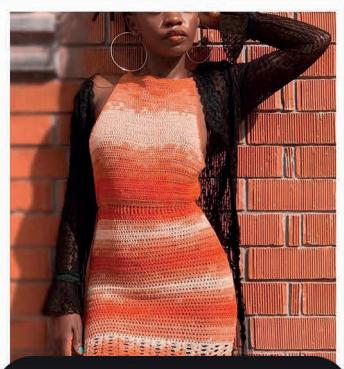
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**K15,000**



**K15,000**



**K17,000**

**Female  
Category.**

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# VIEW POINTS



**T**his segment contains contents that we believe they are helpful. These articles are gathered from a number of sources. I hope you will enjoy this.

# SIGNS GIRLS SHOW WHEN THEY ARE MADLY IN LOVE WITH YOU

*When a girl is in love, she makes it so obvious that even you that she is crushing on will notice it. But meanwhile, below are signs a girl shows when she is Madly in love with a guy.*

1. When she likes coming close to you like always sitting where you are sitting, smiling at your as you speak, and choosing to drink the kind of drink you are drinking whenever you guys are in a social gathering, that shows she likes you and want to court her.
2. She will be calling you frequently when she gets your number and when she calls, when you are not in the mood to talk anybody, she would not want to hang up but try her best to make you lovely again. She would show you much care so that you can feel better.
3. She will insist on cooking for you when she realise that you have no food in your house, she can even go to the extent of cleaning and washing the dishes.
4. She will always show you respect and listen attentively when ever you speaking.

# IF YOU EAT ONE BOILED EGG EVERYDAY ,THIS IS WHAT HAPPENS TO YOUR BODY

**D**o you ever wonder why the quote “eat an egg a day” is really common? well, this is because an egg is a nutrient filled food. It is very beneficial to the body to consume eggs everyday. An egg is an amazing and healthy substitute for meat and fish. You might want to increase your intake of eggs, especially for kids.

1. Regular intake of eggs helps prevent cardiovascular diseases , since the egg us a rich source of Omega 3 fatty acids. Eggs also boost brain functions and power.
2. Eggs are effective in helping you slow down aging process. Daily consumption of eggs will make your skin more radiant and glowing. It gives you a younger look, this is because eggs contain carotenoids. Carotenoids are antioxidants that can help you slow down your raging process.
3. Eggs help you keep your bones strong and healthy . Daily consumption of eggs allows you the benefits keeping your bones strong thanks to the vitamin D and calcium contained in eggs.It also helps protecting your teeth from decay and strengthens it.
4. Eggs helps in losing weight .An egg is effective in helping you burn excessive fats, it also helps you in building and maintaining healthy fats. Since eggs aren't calorie dense, and has a glycemic index of 0, daily consumption of eggs will help you greatly in losing weight and ensuring that you build healthy muscles.
5. It helps you protect your liver.Eggs are highly rich in choline. Eggs also contain sufficient B-vitamins and nutrients that are beneficial to the liver health.
6. Daily consumption of eggs also helps the eye sight and visuals. Eggs contain lutein, zeaxanthin and vitamin A that promotes eye vision and protects the eye from free radicals.

# DON'T RISK YOUR FUTURE CHILDREN, DO THESE THINGS TO MAINTAIN YOUR FERTILITY AS A MAN

In every man's life ,he dream to see his or her child in the future. When a man sees one of his own ,he's motivated to work very hard to the child growing up lacking anything. In this article we are going to share with you how you can know that you are fertile. If you have been doing some-things then you are good to the dream.

- 1.If you have never smoked you might be in a good group of the fertile. If you smoke please stop.
- 2.If you have always been bathing with warm water. It makes your body produce more power in your body.
- 3.If you don't drink alcohol or you drink it in less amount .You will be able to see your children.
- 4.If you don't wear very tight clothes. You give the air circulation in your body. Then you can be able to see your dream come true.

# ANONYMOUS

## TALKS

A column where people share their personal experiences about life in general, religion, relationships, culture, politics etc etc.

And their identities are made anonymous to protect their identity.

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# ANONYMOUS TALKS

I am a man aged 23, from kawale Li-longwe. It was in January 2020 during the weekend, I decided to hang out with my friend, you just know the weekend feeling, but we were broke, just imagine not even able to buy a bottle of mojo Juice. We hanged out till late something like past 4, 5 pm. There after we decided to visit kamuzu institute for sports, it was weekend so we decided to watch some sports there.

As we were passing be kamuzu barracks junction, we bumped into this other gentleman, he looked so decent and nice trust me I thought he is a soldier. At first I thought the gentleman was my friend's Uncle. Later I find out that my friend was running away from this guy as he was busy with his phone, few minutes later he bumped with another friend of ours on the other side of the road.

He left me with the strange guy I thought was the Uncle, guess what? he was like "bro so what's your name?", I introduced myself. He was like "you have a good height kid osapanga Join MDF bwanji ? Or I can make it up to you to join the British army, you know what?", I looked at the guy, damn!, he had muscles plus anali wampala munthu wazinyonga zake alimu decent mwene. I believed whole heartedly that the guy was a Military man. By then my friends were left behind, they were court up with some stuffs. Then the guy was like "nzako uja ndopusa kwambili I tried to offer him a lot of chances amakana". then I came into my senses, I was like "aaah Kodi these people are not related or something else? Okay." We walked all the way to Kamuzu Institute , the guy just talking about MDF and BRITISH MILITARY and all security things, martial arts, you see I was like hell no this guy is a soldier.

We reached at the Netball cort and we started watching the game which was there, the guy started talking about how scary is the world and how the youth are

being involved into some scary behaviors out there. He asked me If I have a girlfriend, and he asked me if we are having protected sex. He went further advising me to be faithful to my girl and not to engage myself into many sexual partners. We talked a lot of things till late 6, 7 pm, at that time my friend has already left without notifying me.

Later I told the guy that I need to get going because it was late, he was yeah let's go bro, I was so scared eeh kunkada man and the guy sankayakhulaso zoti kwada tinkangocheza nde you know the feeling of meeting a strange these days eeh. Later the guy was like paja what course are you doing? I told him social work, he was like yah I have an organization in city center were we deal with gender equality and HIV and AIDS issues. Okay take my number halla me pa WhatsApp. Namuhalla the guy, tinasiyana around 7:30 pm hours. Usiku tinathokesana zabbobho then he was like mawa let's meet again chakumadzulo ndikamachoka kutchito. I waited till something past 5 and 6 the guy was nowhere to be seen. I was with my grandma Chilling past 7, he called on a private number I was so scared to pick up the phone the call ended he called again I picked up he was like came bro let's meet at that place, trust me I was so scared. Ine I was like eeh usiku uno ndikakumane ndi adha ajah eeh sakandipanga chiwembu koma anyway nalimba mtima nakakumana naye there we went on a nice conversation later he promised me to offer me a job as I finish my school...

From that day I met the dude he been the guy who helped me psychological and emotional status he courage me to work hard and never give up good things take time. The stranger become my spiritual friend. I dare you just be nice to strangers don't be so pompous and all moody, nobody knows tomorrow, breakthroughs are almost everywhere just be nice. Make more vital friendship build your future.

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